

Pentecost 6
July 5, 2026

Service of Holy Communion
ELW — Setting 10

PRELUDE

Battle Hymn of the Republic
How Sweet the Name of Jesus Sounds
Come to Me, All Pilgrims Thirsty

Sara Johnson, keyboard
arr. Phillip Keveren
arr. Tedd Smith
arr. Matthew Weston

WELCOME

The assembly stands.

CONFESSION AND FORGIVENESS

All may make the sign of the cross, the sign that is marked at baptism, as the presiding minister begins.

P Blessed be the holy Trinity, ✙ one God, whose compassion endures forever.

C **Amen.**

P Let us confess our sin to God.

Silence is kept for reflection.

P Compassionate God,

C **we confess to you all our sins. Our burden is heavy, and we cannot free ourselves. In your mercy, call us back to you. Your yoke is easy and your burden is light. Restore us to dwell in your peace. In Christ's name we pray, Amen.**

P Jesus says, "Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest." In the name of God, Father, ✙ Son, and Holy Spirit, your sins are forgiven. Rest in God's love.

C **Amen.**

GATHERING HYMN

How Sweet the Name of Jesus Sounds

ELW 620

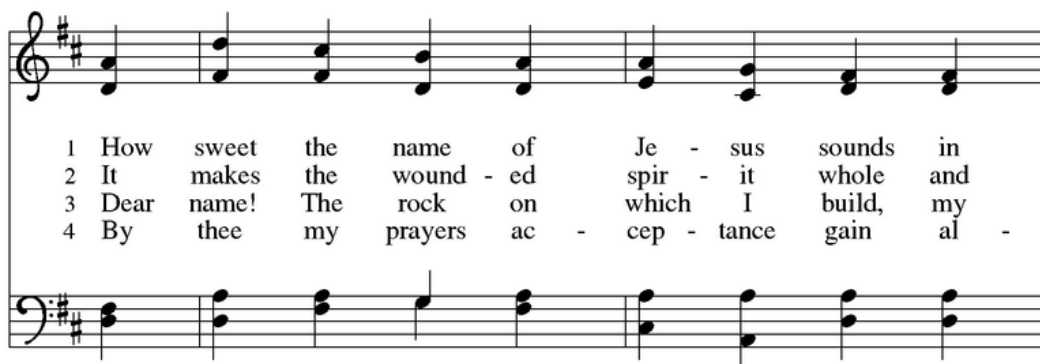
GREETING

P The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

C **And also with you.**

6/28/26 Worship Hymns

How Sweet the Name of Jesus Sounds



1 How sweet the name of Je - sus sounds in
2 It makes the wound - ed spir - it whole and
3 Dear name! The rock on which I build, my
4 By thee my prayers ac - cep - tance gain al -



a be - liev - er's ear! It soothes our sor - rows,
calms the heart's un - rest; 'tis man - na to the
shield and hid - ing place; my nev - er - fail - ing
though with sin de - filed. The dev - il charg - es



heals our wounds, and drives a - way all fear.
hun - gry soul and to the wea - ry, rest.
treas - ury, filled with bound - less stores of grace.
me in vain, and I am owned a child.

5 O Jesus, shepherd, guardian, friend,
my prophet, priest, and king,
my Lord, my life, my way, my end,
accept the praise I bring.

6 How weak the effort of my heart,
how cold my warmest thought;
but when I see thee as thou art,
I'll praise thee as I ought.

7 Till then I would thy love proclaim
with every fleeting breath;
and may the music of thy name
refresh my soul in death!

KYRIE*Have Mercy on Us, Lord*

ELW page 203

1. Have mercy on us, Lord,
and hear our solemn prayer.
We come to hear your living word;
It saves us from despair.

2. Have mercy on us, Christ,
And wash away our sin.
Pour out your grace and make us
Whole that new life may begin.

3. Have mercy on us, Lord,
Make sin and shame depart.
Renew us with your saving power,
Create in us new hearts!

CANTICLE OF PRAISE*Glory be to God*

ELW page 204

1. Glory be to God in heaven; peace, goodwill to all the earth.
Mighty God of all creation, Father of surpassing worth:
we exalt you, we adore you, we lift high our thanks and praise.
Saints and angels bow before you; here on earth our songs we raise.

2. Glory be to Christ forever, Lamb of God and Lord of love.
Son of God and gracious Savior, you have come from heav'n above;
on the cross you died to save us; now you reign at God's right hand.
Hear our prayer; restore, forgive us; in your promise firm we stand.

3. Holy One we now acclaim you; Lord alone, to you we call;
Holy One in faith we name you, God most high, yet near to all:
Jesus Christ, with God the Spirit, in the Father's splendor bright.
For the peace that we inherit, glory be to God on high!

PRAYER OF THE DAY

P The Lord be with you.

C **And also with you.**

A brief silence

P Let us pray.

You are great, O God, and greatly to be praised. You have made us for yourself, and our hearts are restless until they rest in you. Grant that we may believe in you, call upon you, know you, and serve you, through your Son, Jesus Christ, our Savior and Lord.

C **Amen.**

Please be seated.

CHILDREN'S SERMON

Pastor Laura Applegate

FIRST READING Genesis 24:34-38, 42-49, 58-67

The marriage of Isaac and Rebekah helped to fulfill God's promise that Abraham and Sarah would become the ancestors of many nations.

Laban received a visitor who said, ³⁴ “I am Abraham’s servant. ³⁵ The LORD has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. ³⁶ And Sarah my master’s wife bore a son to my master when she was old, and he has given him all that he has. ³⁷ My master made me swear, saying, ‘You shall not take a wife for my son from the daughters of the Canaanites in whose land I live, ³⁸ but you shall go to my father’s house, to my kindred, and get a wife for my son.’

⁴² “I came today to the spring and said, ‘O LORD, God of my master Abraham, if now you will only make successful the way I am going! ⁴³ I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, “Please give me a little water from your jar to drink,” ⁴⁴ and who will say to me, “Drink, and I will draw for your camels also”—let her be the woman whom the LORD has appointed for my master’s son.’

⁴⁵ “Before I had finished speaking in my heart, there was Rebekah coming out with her water jar on her shoulder, and she went down to the spring and drew. I said to her, ‘Please let me drink.’ ⁴⁶ She quickly let down her jar from her shoulder and said, ‘Drink, and I will also water your camels.’ So I drank, and she also watered the camels. ⁴⁷ Then I asked her, ‘Whose daughter are you?’ She said, ‘The daughter of Bethuel, Nahor’s son, whom Milcah bore to him.’ So I put the ring on her nose and the bracelets on her arms. ⁴⁸ Then I bowed my head and worshiped the LORD and blessed the LORD, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master’s kinsman for his son. ⁴⁹ Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left.”

⁵⁸ And they called Rebekah and said to her, “Will you go with this man?” She said, “I will.” ⁵⁹ So they sent away their sister Rebekah and her nurse along with Abraham’s servant and his men. ⁶⁰ And they blessed Rebekah and said to her,

“May you, our sister, become
thousands of myriads;
may your offspring gain possession
of the gates of their foes.”

⁶¹ Then Rebekah and her maids rose up, mounted the camels, and followed the man, and the servant took Rebekah and went his way.

⁶² Now Isaac had come from Beer-lahai-roi and was settled in the Negeb. ⁶³ Isaac went out in the evening to walk in the field, and, looking up, he saw camels coming. ⁶⁴ And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel ⁶⁵ and said to the servant, “Who is the man over there, walking in the field to meet us?” The servant said, “It is my master.” So she took her veil and covered herself. ⁶⁶ And the servant told Isaac all the things that he had done. ⁶⁷ Then Isaac brought her into his mother Sarah’s tent. He took Rebekah, and she became his wife, and he loved her. So Isaac was comforted after his mother’s death.

Reader The word of the Lord.

Response Thanks be to God.

PSALM 145:8-14

⁸ The LORD is gracious and full [|] of compassion,
slow to anger and abounding in [|] steadfast love.

⁹ **LORD, you are [|] good to all,
and your compassion is over [|] all your works.**

¹⁰ All your works shall praise [|] you, O LORD,
and your faithful [|] ones shall bless you.

¹¹ **They shall tell of the glory [|] of your kingdom
and speak [|] of your power,**

¹² that all people may know [|] of your power
and the glorious splendor [|] of your kingdom.

¹³ **Your kingdom is an everlasting kingdom; your dominion endures through- [|] out all
ages.**

You, LORD, are faithful in all your words, and loving in [|] all your works.

¹⁴ The Lord upholds all [|] those who fall
and lifts up those who [|] are bowed down.

SECOND READING Romans 7:15-25a

Life captive to sin is a catch-22 existence in which we know good but do not do it and do things we know to be wrong. Through Jesus Christ, God has set us free from such a futile existence.

¹⁵ I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶ Now if I do what I do not want, I agree that the law is good. ¹⁷ But in fact it is no longer I who do it but sin that dwells within me. ¹⁸ For I know that the good does not dwell within me, that is, in my flesh. For the desire to do the good lies close at hand, but not the ability. ¹⁹ For I do not do the good I want, but the evil I do not want is what I do. ²⁰ Now if I do what I do not want, it is no longer I who do it but sin that dwells within me.

²¹ So I find it to be a law that, when I want to do what is good, evil lies close at hand. ²² For I delight in the law of God in my inmost self, ²³ but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. ²⁴ Wretched person that I am! Who will rescue me from this body of death? ^{25a} Thanks be to God through Jesus Christ our Lord!

Reader The word of the Lord.

Response Thanks be to God.

Please stand.

GOSPEL ACCLAMATION *Alleluia! Lord and Savior*

ELW page 205

Alleluia! Lord and Savior: open now your saving word.

Let it burn like fire within us; speak until our hearts are stirred.

Alleluia! Lord, we sing for the good news that you bring.

GOSPEL **Matthew 11:16-19, 25-30**

P The holy gospel according to Matthew.

C **Glory to you, O Lord.**

Jesus chides people who find fault with both his ministry and that of John the Baptist. He thanks God that wisdom and intelligence are not needed to receive what God has to offer.

Jesus spoke to the crowd saying: ¹⁶ “To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

¹⁷ ‘We played the flute for you, and you did not dance;
we wailed, and you did not mourn.’

¹⁸ “For John came neither eating nor drinking, and they say, ‘He has a demon’; ¹⁹ the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

²⁰ Then he began to reproach the cities in which most of his deeds of power had been done because they did not repent. ²¹ “Woe to you, Chorazin! Woe to you, Bethsaida! For if the deeds of power done in you had been done in Tyre and Sidon, they would have repented long ago in sackcloth and ashes. ²² But I tell you, on the day of judgment it will be more tolerable for Tyre and Sidon than for you. ²³ And you, Capernaum,

will you be exalted to heaven?

No, you will be brought down to Hades.

“For if the deeds of power done in you had been done in Sodom, it would have remained until this day. ²⁴ But I tell you that on the day of judgment it will be more tolerable for the land of Sodom than for you.”

²⁵ At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; ²⁶ yes, Father, for such was your gracious will. ²⁷ All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

²⁸ “Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy, and my burden is light.”

The gospel concludes:

P The Gospel of the Lord.

C **Praise to you, O Christ.**

The assembly is seated.

SERMON

Pastor Laura Applegate

Silence is kept for reflection.

The assembly stands to proclaim the word of God in song.

HYMN OF THE DAY

Come to Me, All Pilgrims Thirsty

ELW 777

APOSTLES' CREED

**I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Lord, who was conceived
by the Holy Spirit, born of the virgin Mary, suffered under Pontius
Pilate, was crucified, died, and was buried; He descended to the dead.
On the third day He rose again; He ascended into heaven, He is seated
at the right hand of the Father, and He will come to judge the living
and the dead.**

**I believe in the Holy Spirit, the holy catholic church, the communion
of saints, the forgiveness of sins, the resurrection of the body, and the
life everlasting. Amen.**

PRAYERS OF INTERCESSION

A Trusting in God's steadfast love for all God has made, let us pray for the church, the world, and all of creation.

A brief silence.

A God our unity, your church flourishes in different languages, cultures, and movements. Grant us wisdom to discern when our yokes are too heavy, that we may live and serve in the freedom of your rest. God of grace,

C **hear our prayer.**

A God our life-giver, we grieve the pains placed upon our common home through war and neglect. What you have lovingly crafted, guide us to lovingly tend. Watch over those serving in our military, police and fire departments. God of grace,

C **hear our prayer.**

A God our freedom, you are no tyrant but bring peace. As this nation marks its declaration of independence, teach us our part in announcing peace for future generations. God of grace,

C **hear our prayer.**

A God our comfort, liberate all in our community who are captive to fear, who have become isolated or ill, or who are in any need especially for Jean Chance and family, Judy Elslager, Dale Long, Linda Apolzon Neilson, Clay Williams, Sam Young, and those we lift up to you now, either out loud or silently before you...(pause). God of grace,

C **hear our prayer.**

A God our guide, we do not always have the strength to do the good we wish to do. Free us from the cycles of violence that bind us, that all know your liberation. God of grace,

C **hear our prayer.**

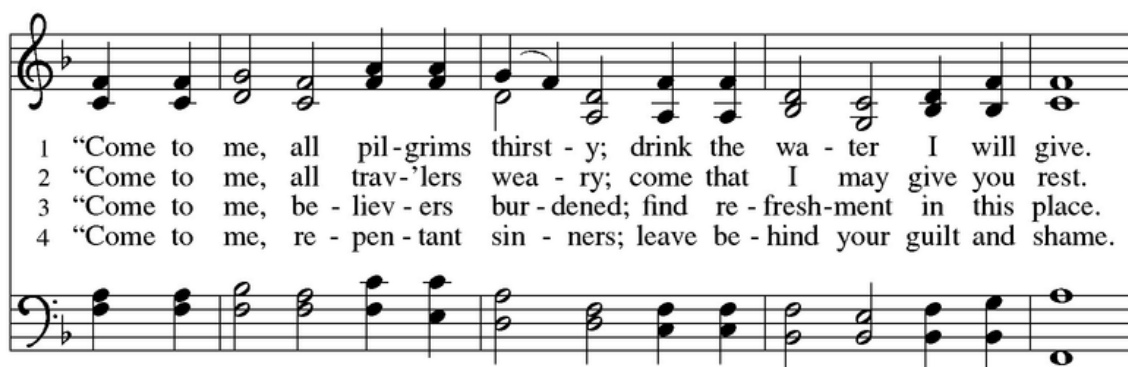
A God our home, you model freedom through the love shared across communities of trust and goodwill. As we remember those now gone to eternal rest, we thank you for the gifts of life together. God of grace,

C **hear our prayer.**

P Grateful for your abundant provision and trusting in your goodness, we cast all our cares upon you, through the abundant grace of Christ Jesus. **C** **Amen.**

HYMN OF THE DAY

Come to Me, All Pilgrims Thirsty



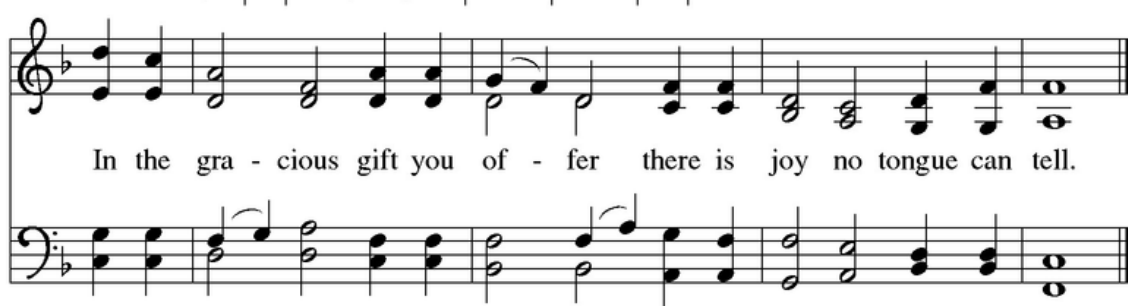
1 "Come to me, all pil-grims thirst - y; drink the wa - ter I will give.
2 "Come to me, all trav-'lers wea - ry; come that I may give you rest.
3 "Come to me, be - liev - ers bur - dened; find re - fresh-ment in this place.
4 "Come to me, re - pen - tant sin - ners; leave be - hind your guilt and shame.



If you knew what gift I of - fer, you would come to me and live."
Drink the cup of life I of - fer; at this ta - ble be my guest."
Come, re - ceive the gift I of - fer, turn to me and seek my face."
Come and know di - vine com - pas - sion, turn to me, I call your name."



Refrain
Je - sus, ev - er - flow-ing foun - tain, give us wa - ter from your well.



In the gra - cious gift you of - fer there is joy no tongue can tell.

5 "Come to me, distressed and needy;
I would be your trusted friend.
Come and seek the gift I offer,
come, your open hands extend." *Refrain*

6 "Come to me, abandoned, orphaned;
lonely ways no longer roam.
Come and take the gift I offer,
let me make in you my home." *Refrain*

Text: Delores Dufner, OSB, b. 1939

Music: BEACH SPRING, *The Sacred Harp*, Philadelphia, 1844; arr. *Selected Hymns*, 1985

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PEACE

P The peace of the Lord be with you always.

C **And also with you.**

The ministers and congregation may greet one another with a gesture of peace, using these or similar words:

Peace be with you.

Please sit.

OFFERING

This Is My Song (ELW 887)

James Pendergast, tenor

Stone, Harkness/Jean Sibelius

Please stand.

OFFERING SONG

Accept, O Lord, the Gifts We Bring

ELW 691

1. Accept, O Lord, the gifts we bring
to place upon your table.
We do not worship as we ought
but only as we're able.

2. The vines were planted, seeds were sown.
They grew in your good pleasure.
What once was common, daily food
becomes a holy treasure.

3. Our hopes and dreams, our toils and cares
we lift in prayer before you.
Lord by your grace now come to us,
as humbly we adore you.

PRESENTATION OF THE GIFTS

OFFERING PRAYER

P Loving God, we offer at your table the gifts of our hearts. Help us take heart in you and share freely of your love, so that all creation can taste your abundance. We ask this in the name of Jesus, through the Spirit abiding with us now and forever.

C **Amen.**

THE GREAT THANKSGIVING *SPOKEN*

ELW page 206

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

THE PREFACE

It is indeed right, our duty and our joy,
that we should at all times and in all places
give thanks and praise to you, almighty and merciful God,
through our Savior Jesus Christ;
who on this day overcame death and the grave,
and by his glorious resurrection opened to us the way of everlasting life.
And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise
your name and join their unending hymn

SANCTUS

Holy, holy, holy

ELW page 207

Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest, Hosanna in the highest

THANKSGIVING AT THE TABLE

ELW page 108

P In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you.
Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin.

Do this for the remembrance of me.

C **Amen.**

The bread may be broken for the communion.

LORD'S PRAYER

ELW page 145

P Lord, remember us in your kingdom, and teach us to pray:

C **Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.**

INVITATION TO COMMUNION

P Heaven has come near. Come, share in the feast!

The Assembly is seated.

LAMB OF GOD

ELW page 208

1. O Lamb of God, you bear the sin of all the world away;
you suffered death our lives to save: have mercy now, we pray.

2. O Lamb of God, you bear the sin of all the world away;
you set us free from guilt and grave: have mercy now, we pray.

3. O Lamb of God, you bear the sin of all the world away;
eternal peace with God you made: give us your peace, we pray.

COMMUNION HYMNS

Day by Day

ELW 790

What a Friend We Have in Jesus

ELW 742

Lord of All Hopefulness

ELW 765

Please stand.

TABLE BLESSING

P The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace.

C Amen

POST COMMUNION CANTICLE *Thankful Hearts and Voices Raise* ELW 207

Thankful hearts and voices raise;
tell everyone what God has done.
Let everyone who seeks the Lord rejoice
and bear the name of Christ.
Send us with your promises
and lead your people forth in joy
with shouts of thanksgiving. Alleluia. Alleluia.

PRAYER AFTER COMMUNION

A Compassionate God, through the gifts of bread and wine our hearts are filled with the abundance of your love. Strengthen us that we, through this holy meal, may share your love freely, as you have shared with us. We ask this in the name of Jesus, through the Spirit nourishing us now and forever.

C Amen

Silence for reflection.

Please be seated.

ANNOUNCEMENTS

Please stand.

BLESSING

P Creator, Redeemer, Sustainer, ✠ one God, bless, heal, and hold you today and always.

C Amen.

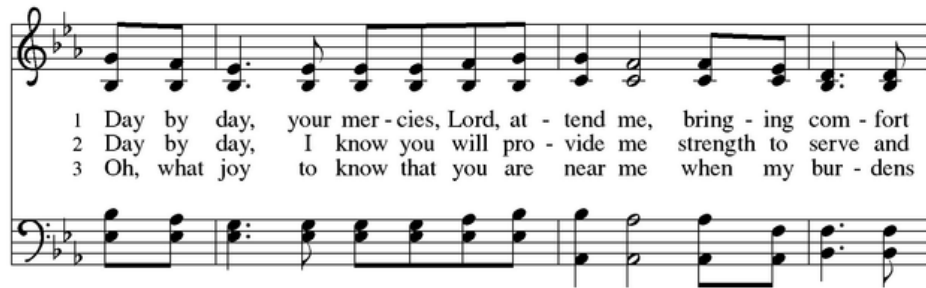
SENDING HYMN

Eternal Father, Strong to Save

ELW 756

COMMUNION HYMNS

Day by Day



1 Day by day, your mer - cies, Lord, at - tend me, bring - ing com - fort
2 Day by day, I know you will pro - vide me strength to serve and
3 Oh, what joy to know that you are near me when my bur - dens



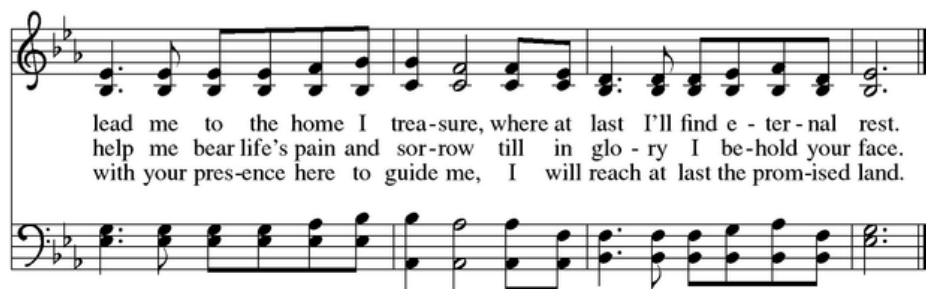
to my anx - ious soul. Day by day, the bless - ings, Lord, you send me
wis - dom to o - bey; I will seek your lov - ing will to guide me
grow too great to bear; oh, what joy to know that you will hear me



draw me near - er to my heav'n - ly goal. Love di - vine, be - yond all
o'er the paths I strug - gle day by day. I will fear no e - vil
when I come, O Lord, to you in prayer. Day by day, no mat - ter



mor - tal mea - sure, brings to naught the bur - dens of my quest; Sav - ior,
of the mor - row, I will trust in your en - dur - ing grace. Sav - ior,
what be - tide me, you will hold me ev - er in your hand. Sav - ior,



lead me to the home I trea - sure, where at last I'll find e - ter - nal rest.
help me bear life's pain and sor - row till in glo - ry I be - hold your face.
with your pres - ence here to guide me, I will reach at last the prom - ised land.

Text: Carolina Sandell Berg, 1832–1903; tr. Robert Leaf, 1936–2005
Music: BLOTT EN DAG, Öskar Ahnfelt, 1813–1882
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What a Friend We Have in Jesus



1 What a friend we have in Je - sus, all our sins and griefs to bear!
2 Have we tri - als and temp - ta - tions? Is there trou - ble an - y - where?
3 Are we weak and heav - y - lad - en, cum - bered with a load of care?



What a priv - i - lege to car - ry ev - 'ry - thing to God in prayer!
We should nev - er be dis - cour - aged— take it to the Lord in prayer.
Pre - cious Sav - ior, still our ref - uge— take it to the Lord in prayer.



Oh, what peace we of - ten for - feit; oh, what need - less pain we bear—
Can we find a friend so faith - ful who will all our sor - rows share?
Do your friends de - spise, for - sake you? Take it to the Lord in prayer.



all be - cause we do not car - ry ev - 'ry - thing to God in prayer!
Je - sus knows our ev - 'ry weak - ness— take it to the Lord in prayer.
In his arms he'll take and shield you; you will find a so - lace there.

Lord of All Hopefulness



1 Lord of all hope - ful - ness, Lord of all joy,
 2 Lord of all ea - ger - ness, Lord of all faith,
 3 Lord of all kind - li - ness, Lord of all grace,
 4 Lord of all gen - tle - ness, Lord of all calm,



whose trust, ev - er child - like, no cares could de - stroy:
 whose strong hands were skilled at the plane and the lathe:
 your hands swift to wel - come, your arms to em - brace:
 whose voice is con - tent - ment, whose pres - ence is balm:



be there at our wak - ing, and give us, we pray,
 be there at our la - bors, and give us, we pray,
 be there at our hom - ing, and give us, we pray,
 be there at our sleep - ing, and give us, we pray,



your bliss in our hearts, Lord, at the break of the day.
 your strength in our hearts, Lord, at the noon of the day.
 your love in our hearts, Lord, at the eve of the day.
 your peace in our hearts, Lord, at the end of the day.

Text: Jan Struther, 1901–1953
 Music: SLANE, Irish traditional
 Text © Oxford University Press 1931.

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SENDING HYMN

Eternal Father, Strong to Save

1 E - ter - nal Fa - ther, strong to save, whose arm has bound the
2 O Sav - ior, whose al - might - y word the winds and waves sub -
3 O Ho - ly Spir - it, who didst brood up - on the cha - os
4 O Trin - i - ty of love and pow'r, all trav - 'lers guard in

rest - less wave, who bade the might - y o - cean deep its
mis - sive heard, who walked up - on the foam - ing deep, and
dark and rude, and bid its an - gry tu - mult cease, and
dan - ger's hour from rock and tem - pest, fire and foe, pro -

own ap - point - ed lim - its keep: oh, hear us when we
calm a - mid the storm didst sleep: oh, hear us when we
give, for wild con - fu - sion, peace: oh, hear us when we
tect them where - so - e'er they go; thus ev - er - more shall

cry to thee for those in per - il on the sea.
cry to thee for those in per - il on the sea.
cry to thee for those in per - il on the sea.
rise to thee glad hymns and praise from land and sea.

DISMISSAL

P Heaven has come near. Go, share the good news!

C **Thanks be to God.**

P Growing in Grace,

C **Sharing Christ's Love**

POSTLUDE

Eternal Father, Strong to Save

Sara Johnson, organ
arr. Paul Bouman

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Help!

In worship today we learned that Jesus helps us when we need it most. When do you need help? Write or draw about it here:

How can you help others? Write or draw about it here:



READER

Pentecost 6

- Today is the **sixth** Sunday after Pentecost.
- Pentecost is the **longest** season of the church year.
- During Pentecost, the church takes **time to grow**.

It Takes Time to Grow

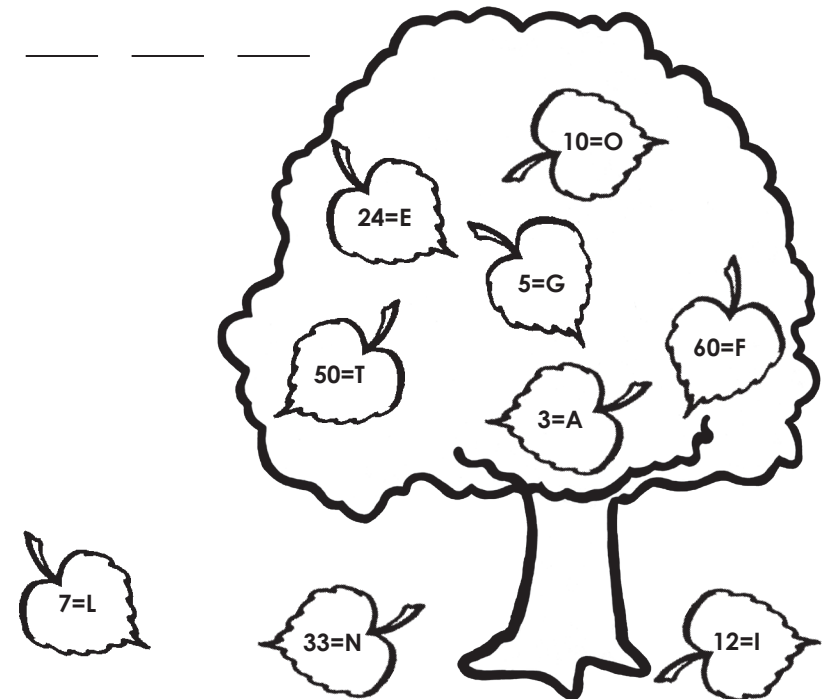
Answer these time questions and match your number answer with the letter in the tree. Then fill in the blanks to learn another theme of Pentecost.

How many days are there in one week? _____

How many months are there in one year? _____

How many seconds are there in one minute? _____

How many hours are there in one day? _____



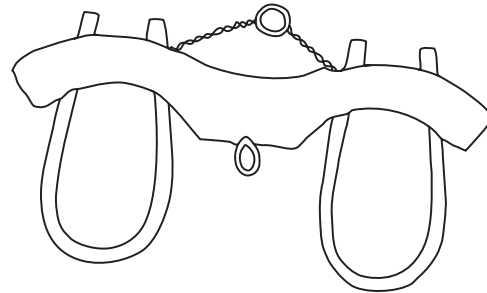
Unscramble the words to complete this week's memory verse!

Come to me, all you who are **yawer**
and are carrying heavy **rdunebs**,
and I will give you rest.

Come to me, all you that are _____ and are carrying heavy
_____, and I will give you rest.

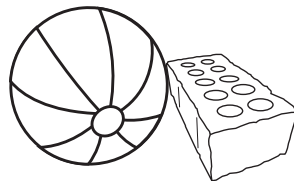
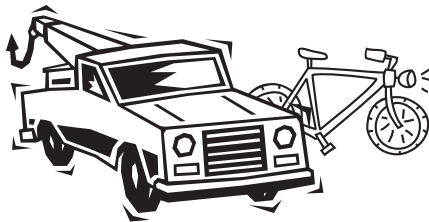
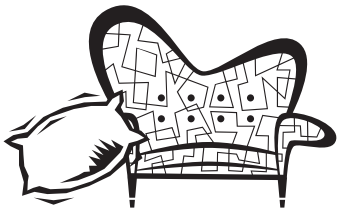
Matthew 11:28

During Bible times—and on some farms today—animals were used to pull plows. They wore something called a yoke to pull the plow. A yoke looked like this. Yokes are very heavy.



Heavy or Light

In the Gospel today, Jesus tells us that when times are tough, he will take our burdens. Burdens can be heavy, but Jesus makes them light. Which of these things is heavier than the other?



Memory Verse



Did You Know?

Finding Rest

Jesus knew it could be tiring and even discouraging to follow in God's way. So he told his disciples to come to him to find rest. We are invited to come to Jesus when we pray. Psalm 145 is a song of praise. Use the code to discover the message in verse 9.













A =		G =		L =		S =	
D =		H =		O =		T =	
E =		I =		R =			



Bible Tip!

The big numbers in your Bible are chapter numbers. The small numbers are verse numbers. To look up Matthew 11:28, go to chapter 11 in Matthew. Find verse 28.